

# the menu...

## Starters/Mains

<b>Soup of the Day (Vg) (gf available)</b> Served with herb croutons	£5/8
<b>Crab Tian</b> White crab meat, diced tomato, spring onion, parsley & lemon juice. Mixed baby leaves	£8/14.50
<b>Terrine of the Day (gf available)</b> Piccalilli & toasted Focaccia	£7/13
<b>Pan Seared Scallops 3/5/7</b> Masala sauce, crispy cockles, micro coriander	£9.50/12.50/15.50
<b>Poached William Pear (V) (gf)</b> Roast Pecans Perl Las , rocket & red wine reduction	£7/£13
<b>Gower Moules a la crème (gf)</b> Fresh Gower mussels steamed in white wine, with onion, garlic & cream, finished with fresh parsley	£7.50/13.50
<b>Cauliflower &amp; Spinach Fritters (Vg)</b> Spiced tomato chutney, almond milk yoghurt	£7/£13

## Mains

<b>Pan Roast Sea Bass Fillet (gf)</b> Roast baby potatoes, cherry tomatoes, chorizo & spinach	£18.50
<b>Dry Aged Steaks (gf)</b> Choose either <i>Rib Eye</i> or <i>Fillet</i> , served with hand cut chips, sautéed mushrooms & cherry tomatoes Add a Peppercorn Sauce £3	<i>Rib Eye</i> 8oz/12oz £20/24 <i>Fillet</i> 6oz/8oz £22/25
<b>Iman Bayaldi (Vg)</b> Roast aubergine stuffed with cumin spiced Mediterranean vegetables, topped with courgette tempura Served with vegetable cous cous	£14
<b>Welsh Lamb (gf available)</b> Slow cooked shoulder cooked in red wine & fresh herbs & served with ratatouille, parmentière potatoes & jus	£20
<b>Gnocchi (V)</b> Butternut squash, kale, homemade parsley & walnut pesto	£14
<b>Haddock &amp; Chips (gf available add 50p)</b> Fillet of fresh Haddock, fried in our homemade batter, hand cut chips or fries, minted peas & homemade tartar sauce	£14
<b>Glamorgan Sausages (V)</b> <i>Our famous vegetarian sausages</i> made with Welsh cheddar, leeks, wholegrain mustard, coted in crisp breadcrumbs, Served with fries and sweet chilli sauce	£14
<b>Fig Tree Beef Burger (gf available add 50p)</b> Homemade burger in our sour dough bun with gherkin, tomato, chutney, cheese & fries	£14

## Sides

Mixed Marinated Olives	£3.00	Hand Cut Chips or Fries	£3.00
Basket of Home Made Breads Butter or Olive Oil & Balsamic	£3.00	Sweet Potato Fries	£3.75
Garlic Bread	£3.00	Buttered Greens	£3.00
Onion Rings	£3.00	Braised Red Cabbage	£3.00
Fried Pickles	£3.00	House Salad	£3.00

*All of our food is cooked freshly to order, please be patient and enjoy your visit to the Fig Tree*